

Let's support others together.

We offer free, scheduled face-to-face support for individuals facing loneliness and other mental health struggles via video call. We're the safe, nonjudgemental, empathetic space for Speakers to turn to when they're feeling overwhelmed, distressed, lonely, or anything in between. We've developed survey tools and feedback analysis to help identify your community's most pressing needs.

What we can do

Let us do what we do best – we train amazing volunteers to become Listeners who help people in your community feel heard and supported, no matter who they are and what they want to discuss.

- **Free emotional support for your community.** We will help you take care of your community, one conversation at a time.
 - **Marketing.** We want to spread the word about your amazing organization by adding it to our website's resource page and referring Speakers as needed.
 - **Monthly data reports.** We'll provide access to summaries of impact reports collected for your community or organization.
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What you can do

We want to put an end to the "Loneliness Epidemic". We can't do it alone.

- **Promotion.** Share our service wherever you can. Help us reach the people in your community through your social media, website, newsletters, etc. We have the brochures and blurbs, just let us know what you need.
 - **Help us help more Speakers.** To keep our service free to users, we rely on the generosity of our sponsors and partners for each and every conversation. We appreciate whatever you can give, whenever you can.
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Next steps

1 Decide

Email us at help.contactline@gmail.com to begin our journey together.

2 Promote

Once we're good to go, turn on those marketing channels.

3 Learn

Start receiving monthly data digests right in your inbox about the community you serve.